

APPROVAL

Director: Runar Mansurovich Salimullin

Organization: International Educational Services Central Asia

Date: March 25, 2024

REGULATIONS

on conducting Cambridge Mile 2024

GENERAL PROVISIONS:

The Cambridge Mile aims to promote a healthy lifestyle. The main objectives are:

- Development and popularization of a healthy lifestyle;
- Promotion of Olympic sports in the region;
- Enhancing the athletic skills of participants;
- Encouraging children to participate in running.

This document serves as an official invitation for athletes, including those from other countries, to participate in the competition.

TIME AND VENUE:

- Registration is available on <http://cambridgemile.com/> until April 20, 2024.
- Starter packs can be collected on April 25-26, 2024, at the Cambridge International School or on April 27, 2024, at the F.N. Rusanov Botanical Garden in Tashkent.
- The briefing takes place on April 27, 2024, at the F.N. Rusanov Botanical Garden.
- The competition date is April 27, 2024, with start times at 10:30 and 11:30 at the Botanical Garden.

OFFICIAL LANGUAGE:

- The judging panel operates in Russian and Uzbek;
- Briefings are in Russian with translations available in English and Uzbek;
- Announcements during the races are made 50% in Russian and 50% in Uzbek, with English translations provided if necessary.

ORGANIZERS:

The event is organized by the Cambridge International School and the Triathlon Federation of Uzbekistan.

AGE CATEGORIES:

Participants from the age of three are welcome.

PARTICIPATION CONDITIONS:

- A maximum of 500 participants is allowed.
- Registration must be completed online at <http://cambridgemile.com/>.
- Participants must provide insurance at the time of collecting their starter packs.
- Participants without prior registration and insurance will not be admitted.

Participants are responsible for the accuracy of the registration details they provide.

STARTER PACK:

Registered participants must collect their starter pack in person, which includes a race number, pins, T-shirt, and chip.

COMPETITION FORMAT:

The competition involves a running distance of 1 mile, taking place in the Botanical Garden.

REGULATIONS, LIMITS, AND TIMING:

- The course layout is provided in Appendix №3.
- The event may be canceled or postponed due to natural disasters or other force majeure circumstances.

SAFETY:

Medical assistance will be provided by the Ministry of Health, and the National Guard will ensure safety at the event.

For detailed information on participant conduct, technical requirements, prohibited actions, awards, protests and appeals, and funding conditions, refer to the full document.

CONTACTS:

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Appendices include consent forms for participants and disclaimers regarding participation and health responsibility.