

Cambridge Mile 2022

Sports event with 1 and 2 miles running competition

Rules and Regulations

Moscow, 27 May 2022

1. Organisation

- General management: CIS RUSSIA International School
- Run director: TBC

2. Track. Start. Finish.

- The official competitions track is a circle of 1 mile (1,6 km) length
- Start point: Moscow, Meschersky Park, football stadium
- The event programme is available at <http://cambridgemile.com>
- Running events:
 - Adults and adolescents 16-18 years old (1 or 2 miles)
 - Children and adolescents up to 15 years old (1 mile)

3. Participants

- The adult running event is open for females and males aged 16 and over; the children's event is open for boys and girls between the ages of 2 and 15 years old. The age groups will be formed based on the participants' age on the day of the event.
- In order to take part in the event, participants must have a medical certificate stating that they can take part in mass running events. When receiving race kits, participants must submit the original of their medical certificate issued not earlier than 25 November 2016. You can read more about medical certificates required for running events here: <http://grom.club/faq/certificate>
- When receiving race kits, participants must sign a declaration of responsibility, according to which the participants take full responsibility for possible health damage occurred during the race. Parents or coaches sign the declaration on behalf of children.
- The number of participants is limited to 800 people.

4. Registration

- Participants can register at <http://cambridgemile.com>. The registration deadline is 23:59 on 25 May 2022 or after the limit of participants is reached. Registration is considered completed after the registration form is submitted and the entry fee is paid.
- Bib numbers are assigned after the registration is completed. Participants must use their own numbers. Passing a bib number to other participants will lead to disqualification.
- Entry fee for the adult run – 3000 RUB.
- Entry fee for the children's run – 3000 RUB.

Registration Procedure

- Participants fill in and submit the registration form
- A confirmation with the application number is emailed to participants
- After receiving payment the application status changes to paid, and the runner is included in the list of participants

5. Paying Entry Fees

- The entry fees are paid after filling in the registration form. Payment methods: Visa, Visa Electron, MasterCard, Maestro.
- The fees cover the track, bib number, T-shirt, timing, finisher's medal, result in the final protocol, awards, electronic certificate of participant with the name, date and place, and if necessary, first aid throughout the track.
- In case of cancellation of the event due to reasons beyond control of the organizer, the entry fees are not refunded.
- The entry fees will not be returned.

6. Receiving Race Kits

- In order to receive the start kit participants must present an identity document.

7. First Aid

- First aid is administered at the finish and in the middle of the circle. There is medical staff at the start area. If you spot at the track a person in trouble please ensure that you inform the medical staff or the organisers.

8. Falling out of the race

- Participants that decided to withdraw must inform any judge about it. Medical staff, organisers and judges reserve the right to withdraw a participant from the race if they consider it necessary.

9. Disqualification

- The organisers and the judging panel are authorised to disqualify participants if they do not observe the rules of the competitions, disturb others or obstruct running the competitions in any other way.

10. Timing

- Every participant receives a timing chip that must be attached to the lower leg. Chips will be distributed at the entrance of the start pouch. Immediately after finish the chip is returned to the finishing judge.

11. Awards

- The participants arriving first to the finish (gun time) become winners in the final standing. The winners of the age groups are selected on the base of net time (the time

between leaving the start gates and crossing the finish line). The participants claiming for the first places in the final standing should fill the registration form correctly in order to enter the first start pouch.

- Winner's certificates for the 1st to 3rd places in the final standing for 1 and 2 miles distances are awarded to males and females aged 19 and over.
- Boys and girls are awarded in the following age categories: 3-4 years old, 5-6 years old, 7-9 years old, 10-12 years old, 13-15 years old (1 mile); 16-18 years old (1 mile and 2 miles).
- All the participants who reach the finish line receive souvenirs and finishers' medals.
- Absence of the winner at the awards ceremony gives the organisers the right to use prizes at their own discretion

12. Photographs

- Organisers reserve the right to use the photos taken during the competition at their own discretion.

13. Protests

- Protests must be submitted in writing to the main judge of the competitions or by email info@3sport.org up to 6 June 2022.

14. Medical Check

- Participants must sign a declaration of responsibility, according to which the participants take full responsibility for possible health damage occurred during the race.

15. General Information

- Cases not included in these Rules and Regulations are addressed by the organization committee under the rules of Russian Athletics Federation.